

Great Mother's Day Gift Picks, Volume 1

 Posted by [Sarah Caron](#)  April 30, 2009

With Mother's Day right around the corner, everyone is racking their brains for the best and most exciting gifts for their moms. Well, for the mom who's fit, trying to get fit or in the middle of a great get-fit project, then chocolates just aren't going to cut it this year.

So what is a good idea? Fit Fare will be highlighting great gift ideas over the next week to help you find the right one for your mom. Here are two to get you started:

- **The Gift of Experience** - [Vivabox](#) offers a variety of experienced-based boxes that offer a choose-your-own-adventure sort of gift. Whether it's coffee, tea, spa days, wine tasting or whatever that your mom enjoys, there is a Vivabox adventure for her. And Vivabox is offering 25 percent off of most boxes right now too.
- **Healthy Gadgetry** - If you are a regular reader of Fit Fare, you know that I've been using the [BodyBugg](#) for some months now. I've lost about a dozen pounds this year, and am fast on my way to losing more. This great tool, which measures how many calories your body burns, how many steps you take and more, as well as offering an online interface that allows you to track how much you are burning in relation to how much you are eating. Very cool technology, and perfect for the mom who wants to lose.

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